



*Old Fashioned*  
**Fruit Cobbler**

**No Sugar Added**  
**No Trans Fat**



# Old Fashioned Fruit Cobbler

## No Sugar Added

### AMERICA'S ORIGINAL DESSERT

First created in the pioneer kitchen from wild fruits and berries, stone-ground flour, and natural home-grown ingredients, the fruit cobbler has been an American dessert favorite for generations. Created from original pioneer recipes, the food service frozen cobbler brings back the original homemade goodness and nostalgia of the past to the food service table.

### QUALITY

Special varieties of fruits are carefully selected for firmness, appearance, and flavor perfection and quick frozen immediately after harvest to preserve the orchard-fresh goodness of the fruit. The fruit is never thawed until baked in the food service kitchen. A special formulation of the purest shortening and 100% natural ingredients creates a crisp and flaky crust to complement the fresh frozen fruit filling. Spices are carefully blended to create maximum flavor perfection in every variety. Not only are fruit cobbler desserts a universal favorite, they offer the operator the homemade appeal consumers prefer and a dessert to be remembered.

### BEST MARKETS

The universal appeal, homemade nature, and low portion cost make this product attractive to a wide variety of food service operations. Most any operation with baking capability can use cobbler, but the best potential accounts are as follows: Delis, hospitals, nursing homes, theme restaurants, truckstops, industrial feeding operations, government feeding programs, chicken chains, bar-b-que restaurants, steak chain buffets, and family restaurants of all kinds.

**INGREDIENTS:** *Apples or Peaches*, flour, water, vegetable shortening (palm oil, soybean oil), maltodextrin, bleached flour with malted barley, contains less than 2% of the following: spices, food starch - modified, polydextrose, mono and diglycerides, salt, citric acid, calcium sulfate, nonfat whey solids, Nutrasweet® (aspartame\*), baking soda, annatto and sodium benzoate (preservative). Contains: wheat, soy and milk (allergens).

\*Phenylketonurics: Contains Phenylalanine

**NET WT. 5 LBS (2.25 KG)**

### VARIETIES:

PEACH, APPLE

### PACKAGING:

4/5 lb. HALF STEAM TABLE TRAYS

**YIELD: 5 lb. TRAY:** 20 – 4 oz. portions, 16 – 5 oz. portions

**4/5 lb. Per Case:** 80 – 4 oz. portions, 64 – 5 oz. portions

### SERVING SUGGESTIONS

Top warm cobbler with cream, whipped topping, or ice cream.

### BAKING INSTRUCTIONS

Preheat oven to 350 degrees. Remove lid, place frozen cobbler on cookie sheet in lower center of oven. Bake approximately 60 to 75 minutes or until crust is golden brown. If using a convection oven, 325 degrees 45 to 60 minutes. Remove baked cobbler from oven on cookie sheet, never by the edges of the pan. Serve warm.

### GOOD OLD DAYS FOODS, INC.

\*MARKETING OFFICES  
TELEPHONE: 479-756-2230  
FACSIMILE: 479-756-9598  
P.O. BOX 269  
SPRINGDALE, AR 72765

\*PLANT/GENERAL OFFICES  
TELEPHONE: 501-565-1257  
3300 SOUTH POLK STREET  
P.O. BOX 191470  
LITTLE ROCK, AR 72219

#### Apple Cobbler

Nutrition Facts	
Serving Size 4 oz. (113 g)	
Servings Per Container 20	
Amount Per Serving	
Calories	230
Calories from Fat	110
Calories from Sat Fat	50
% Daily Value *	
Total Fat 12 g	18%
Saturated Fat 5 g	25%
Trans Fat 0 g	
Polyunsaturated Fat 0.5 g	
Monounsaturated Fat 4.5 g	
Cholesterol 10 mg	3%
Sodium 65 mg	3%
Total Carbohydrate 29 g	10%
Dietary Fiber 2 g	8%
Sugars 7 g	
Protein 3 g	
Vitamin A 0%	Vitamin C 20%
Calcium 2%	Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories:	2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9	Carbohydrates 4 Protein 4

#### Peach Cobbler

Nutrition Facts	
Serving Size 4 oz. (113 g)	
Servings Per Container 20	
Amount Per Serving	
Calories	250
Calories from Fat	90
Calories from Sat Fat	40
% Daily Value *	
Total Fat 10 g	15%
Saturated Fat 4.5 g	23%
Trans Fat 0 g	
Polyunsaturated Fat 0.5 g	
Monounsaturated Fat 4 g	
Cholesterol 10 mg	3%
Sodium 100 mg	4%
Total Carbohydrate 36 g	12%
Dietary Fiber 2 g	8%
Sugars 7 g	
Protein 3 g	
Vitamin A 0%	Vitamin C 10%
Calcium 0%	Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories:	2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9	Carbohydrates 4 Protein 4